

DO YOU FEEL LIKE YOU'RE LOSING YOUR FOOTING? ARE YOU LOOKING FOR SOMEONE TO TAKE YOUR THOUGHTS AND FEELINGS SERIOUSLY?

In my new psychological practice, I help you navigate life's challenges.

Together, we can find ways out of:

- Stress, burnout and sleep problems
- Anxiety and panic attacks
- Self-doubt and identity crises
- Bullying and relationship problems
- Depression and mood swings
- Problematic eating behavior and body image disorders
- Acute crises and traumatic experiences

Schedule an initial consultation now
and let's find your solution
together!



PRACTICE FOR CLINICAL PSYCHOLOGY

YOU ARE
NOT
ALONE.

In my practice, I offer you:

- A safe and confidential space
- Individualized support and treatment
- Effective, scientifically based methods
- Body- and solution-oriented approaches
- Flexible appointment scheduling
- Short waiting times

ONLINE & IN-PERSON

(Appointments can be made anytime)



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